MONDAY 5TH JULY

Alton Pop Up Panel of Art (Opening Event)

Live music, Guest speakers, Art activities 5pm to 7pm, Danebury Avenue (opp. Library)

Clothes Designing for Women and Girls

Learn skills, pattern-making, make friends 6pm to 7:30pm, 6 Portswood Place - SW15 4ED

Boxing Self-Defence Class for Women (16+)

All levels, to book - thisgirlcan@roehampton.ac.uk

7pm to 8pm, Alton Activity Centre SW15 4DR

TUESDAY 6TH JULY

Film History of Roehampton

Premiere of history of film making in Roehampton 11am, 1230 & 2pm showing, *Minstead Gardens Clubroom* Phone Jenny: 07826 779 684

CODA Digital Dance Workshop

Make digital artwork with your body/learn new skills
1.15 to 1.45pm / 3.45 to 4.15pm (after school, 8+) 7 to 7.30pm
6 Portswood Place - SW15 4ED

The 'FEEL GOOD' wander (11+)

Walk for young people to explore Richmond Park Meet Juice Bar, Portswood Place - SW15 4ED

WEDNESDAY 7TH JULY

Womens Inspirational Event

Self-care, fitness, pampering sessions and guest speakers 9:30am to 12pm,Alton Activity Centre SW15 4DR
To book - contact@betterdaysinspirational.co.uk

School's Sport Festival

120 - 150 local children to take part in Rugby, Netball, Tennis, Padel and many more sports 10:45am - 12:45pm | Rosslyn Park | Roehampton Club

CODA Digital Dance Workshop

(see above for details)

Looking after the Environment

Fun activities for families - saving local environment 11am to 3pm, Danebury Avenue (near Library)

Cricket

Fun sessions to improve skills and enjoy a game 5 to 6pm – 14 and under / 6 to 7pm – age over 14 Downshire Field (Bull Green) Danebury Avenue

Harbridge Avenue - Community space opening

Celebrate new space for families and local residents 4pm to 6pm, Harbridge Avenue - SW15 4HA

Take Back Control - Inspirational Talk

Improve wellbeing, livelihood and financial future 6:30pm to 8pm, Alton Community Hall - SW15 4AE



EVENT GUIDE



PLEASE NOTE: Due to Covid regulations you will have to book your place on certain events, if you have any questions contact event directly or email **roehamptoncommunityweek@gmail.com**

Circuits for Women (18+)

All levels, to book - thisgirlcan@roehampton.ac.uk

7pm to 8pm, Alton Activity Centre SW15 4DR

THURSDAY 8TH JULY

Stretch and Movement (60+)

All levels, to book - activelifestyles@enablelc.org 10:30am to 11:30am - Newlands Hall, Putney Vale SW15 3EP

First Aid & Self Defence classes (Royal Marines)

For everyone - 3 sessions on the day 11am to 3pm, Downshire Fields (Bull Green) SW15 4DU

Lennox Tea Party

For sheltered housing residents, live music, tombola 1pm to 3pm - Lennox Community Clubroom

Dance and Stretch (Women only)

All levels, to book - thisgirlcan@roehampton.ac.uk

7pm to 8pm, Alton Activity Centre SW15 4DR

Community Football Tournament

Open 6-a-side tournament for young people aged 14-16 6pm to 9pm Ashburton Youth Centre, Westleigh Ave
To enter team - Nathan.Lindsay@generate-uk.org

FRIDAY 9TH JULY

Tone and stretch exercise class (60+)

To book: activelifestyles@enablelc.org or call 020 3959 0033 11am to 12pm - Methodist Church, Portswood Place SW15 4EB

Walking to Fitness Activity - Women (18+)

All levels, to book - thisgirlcan@roehampton.ac.uk

12 to 1.30pm - Meet at Froebel Gate, Roehampton Lane

What does freedom mean to you!

Art, discussion and beautiful henna designs 1pm to 4pm - Alton Activity Centre SW15 4DR

Community Football Tournament

Open 6-a-side tournament for young people aged 14-16 5pm to 8pm - Witley Point, Wanborough Drive SW15 4AX To enter - Romayne.Walrond@richmondandwandsworth.gov.uk

Chilled Conversations

Art, Music & Exhibition bringing local creatives closer 7pm to 10pm - Alton Activity Centre - SW15 4DR

SATURDAY 10TH JULY

Holy Trinity Church Open Day

Tours, music, refreshments - All welcome 9am-9pm. Ponsonby Rd - SW15 4LA

Messy Play at St Josephs

For 0 to 36 months, messy play, music sessions

10am - 2pm St Josephs Church Hall, Roe Lane - SW15 4LE

To book: info@playandlearncafe.co.uk

Fitness for Families

Activity session for parents & children (over 5) 10 to 11.30am Roehampton Sport & Fitness Centre, Laverstoke Gardens
To book:activelifestyles@enablelc.org or call 020 3959 0033

Kids Recycled Art Event (Ubuntu Museum)

For 6 to 11 y/o's take part/learn more about art reusing materials 12pm to 4pm, 6 Portswood Place SW15 4ED

Cycling activities (All ages)

Cycle training (bikes provided), Dr.Bike (maintain your bike)

1 to 5pm (cycle training 2 to 4pm)

Downshire Field (Bull Green) SW15 4DU

Street Doctors - First Aid for young people (18 under)

Gain a qualification Demos and interactive Q&A 5 to 6pm, Downshire Field (Bull Green), SW15 4DU To register please email active@enablelc.org

Yoga for parents and children

Class for parents and children (over 5) to exercise together 2 to 3.15pm - *Alton Activity Centre SW15 4DR*

ReConnect through Art & Song - Children must be 6+

Art activities with your children whilst listening to live music.

4pm to 5pm *Alton Activity Centre SW15 4DR*

SUNDAY 11TH JULY

Netball and Tennis

Sports class for women aged over 18, 12 to 2pm Multi-Use Games Area, Froebel College, Roe Uni Contact thisgirlcan@roehampton.ac.uk

Kids Recycled Art Event (Ubuntu Museum)

12pm to 4pm, 6 Portswood Place (see above)

Basketball Tournament

Open tournament for anyone aged 13 to 25, 1 to 3pm Witley Point Games Area, Wanborough Drive SW15 5PJ.

What Does Freedom Mean to You? (Shafi Express)

Body Henna, transforms words into beautiful henna designs. Photo shoot 1pm - 4pm - *Alton Activity Centre SW15 4DR*

Clothes Designing for Women and Girls

Learn skills, pattern-making, make friends 6:30pm to 8:30pm, 6 Portswood Place - SW15 4ED